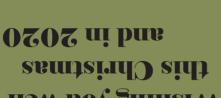




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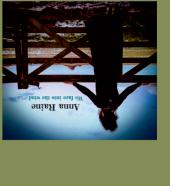
this Christmas How noy gaidsiW

Andy and Arma Jod, Martha



www.uppersprings.com/weface For details of Anna's recordings -

e-mail: andy@uppersprings.com Telephone: 01289 389351







Joel is still with us on Holy Island, with films and guinea pigs, and is awaiting opportunities.

Martha still loves her work as a medical receptionist at Coldstream and has shifted to live with friends Ronnie and Gail in Norham, doing some baby-sitting and planning for a volunteering trip to Ghana in June...







But for us 2019 has been a crazy year for events, trips and projects.



January: Anna's mum's 80th at Ilkley.



February:
'Hermits of
Inner Farne'
book released.



**April:** a surprise holiday exploring small corners of Crete in company with Chris Humble.



May: For Andy there was the trip of a lifetime with dance-friends to the southern tip of India.

Culture-tour involved excellent hot and sour soup and spectacular sunsets.

**June:** Back home Holy Island had 70 visitors from Norway and beyond, unravelling wounded history by exploring what the Viking raids destroyed or interrupted.

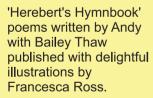
**July:** Our 25th wedding anniversary, with a small-but-perfect renewal of vows at Longhorsley, but with new promises: to be together more! So far, that's really happening, and we're grateful!



Also we travelled to Florida to teach an 'In the footsteps of the Celtic Saints' week, with Mark and Mary Fleeson, Aurian and Calum.



August: Catherine Askew Sarah Pillar and Sarah Hay are at last to be our new Overseers in Northumbria Community.









For Andy, a breathless three weeks in UK on a dance + teaching tour with a changing line-up from UK, Ireland and America.





Andy did more dance-teaching, but in Denmark at a conference for Sweden!

and Martha became 21



October/November:
Our 7th visit to Iona with the House of John network, and it keeps going deeper.. Joel goes as Jesus for Halloween party in Leeds! "he's not the Messiah - he's..."





**December:** Martha's Kia Rio sadly written off by black ice. New car is Kia Picanto.

Anna's 2nd album released: 'We Face into the Wind'.



Hermits of the Inner Farne - https://shop.northumbriacommunity.org/product/hermits-of-the-inner-farne/ Herebert's Hymnbook -https://shop.northumbriacommunity.org/product/hereberts-hymnbook/ We Face Into The Wind - http://www.uppersprings.com/weface/